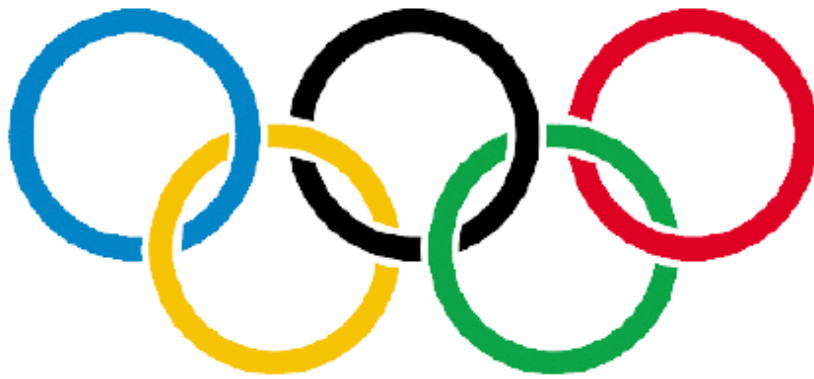




Nutan Vidya Mandir Education Society's
Late Sow. Kamaltai Jamkar Mahila Mahavidyalaya,
Parbhani.

Department of Physical Education & Sports



Lovlina Borgohain
Bronze Medal in
Women's Welterweight Boxing



Mirabai Chanu
Silver Medal in
Weight Lifting Women's 49kg



P. V. Sindhu
Bronze Medal in
Women's Single Badminton

Annual Report
2020 - 2021

Introduction:

Physical education and sports are two areas, which are completely integrated with respect to various factors like physical fitness, motor abilities, and skills development. The department of physical education & sports is devoted to improve these factors amongst the girl students of any faculty like B.A., B.COM, B.C.A., B.VOC, M.C.A. and M.A. The department always tried to motivate girl students for participate in sports meets, whether on collegiate, inter-collegiate or inter university level through intramural sports activity & celebrating events like national sports day.

Activities of the Department during the Academic Year 2020-21

1. Yoga at home – a initiative on the behalf of International Yoga Day -2020

Department of Physical Education & Sports organized a one day Yoga camp on the occasion of International Yoga Day dated 21st June 2020 for Non-Teaching, Teaching staff and students of our college. Department organised this activity to promote health and wellbeing amongst the students and staff members of the college. This Activity was conducted through the use of following Google Form. <https://forms.gle/REFdq7fPSoNyh7RA>

During this activity 19 teaching and non-teaching staff along with 09 students was present and participated actively in this very healthy activity.



2. Independence Day 15th August 2020

On this very precious occasion Hon'ble Shri Hemantraoji Jamkar (President, NVME Society, Parbhani) hoisted the National Flag, for this flag hoisting ceremony Hon'ble Adv. Kiranrao Subhedar (President, NVME Society, Parbhani) and Subhedar (Member, NVME Society, Parbhani) and Hon'ble Dr. Vasant K. Bhosle (Principal) also show their respect to the national flag. Celebrated the day with students and staff and motivate students & other people to be a patriotic person.



3. Basics of Badminton 27 August 2020

This activity was taken through a Google form questioner, when participant solve questions they get knowledge about that particular question, and through this we tried to inculcate the badminton basics amongst the participants. 19 participants participated in this activity. Through this activity many doubts regarding the badminton was cleared and participants get motivated to play badminton.

For evidences please go through the following link

<https://docs.google.com/spreadsheets/d/1b6TOxCVFrKVn6mhaX01Evi6xbDJz0V3A0V-BzIGd818/edit?usp=sharing>

4. Sports Quiz on the behalf of National Sports Day -2020 29th August 2020

Every year department organize this event for motivating students to participate in the sports events, but due to the Covid-19 Pandemic situation department organized a Sports Quiz for students, to motivate them for participate in sports for their better physical and mental health. For this activity department created a Special Quiz through Google Form and send links on WhatsApp. For this activity total 50 participants gave their response. Certificates were distributed through emails for acknowledging their efforts.

Through this activity many students motivated to participate in the sports events organized by the College as well as University.



5. Marathwada Mukti Sangram Din & University Foundation Day 17th September 2020

On this auspicious day we celebrate Independence of Marathwada Region from the Nizam. We honor the freedom fighters of this nation & motivate students to be patriotic & give tribute to Hon'ble Swami Ramanand Teerth on the behalf of University Foundation Day. Indian flag and the University Flag unfurled by the Principal Dr. Vasant Bhosle in the presence of teaching staff, non-teaching staff and the students. All participants followed the regulations of Covid-19 Pandemic. Celebrated the day with students and staff and motivate students & other people to be a patriotic person.

SR.	NAME OF THE TEACHER	Signature
<p>Late Sow. Kamaltai Jamkar Mahila Mahavidyalaya, Parbhani</p> <p>सुचना</p> <p>Date :15/09/2020</p> <p>सर्व प्राध्यापक व प्रशासकिय कर्मचारी यांना कळविण्यात येते की, मराठवाडा मुक्ती संग्राम दिन व स्वा.रा.ती. मराठवाडा विद्यापीठ, नांदेड वर्धापन दिना निर्मित ध्वजारोहण समारंभ दिनांक १७ सप्टेंबर २०२० (गुरूवार) रोजी सकाळी ठीक ७.५० वाजता मा. प्राचार्य डॉ. वसंत भोसले यांच्या शुभ हस्ते संपन्न होत आहे, तरी समारंभास सर्वांची वेळेवर उपस्थिती अनिवार्य आहे.</p> <p style="text-align: right;">for प्राचार्य के.सी.फ.जा.महिला महाविद्यालय परभणी</p>		



6. Republic Day -26 Jan 2021

On the 26th January 2021 08:00 am the flag hosting ceremony was done by the Hon'ble Shri Hemantrao Jamkar, President, Nutan Vidya Mandir Education Society, Parbhani, in the presence of all the Management body, teaching and non-teaching staff and the students. Celebrated the National day with students and staff and motivate students & other people to be a patriotic person.





7. Hutaatma Day -30th January 2019 09:30 am

On this occasion we give honor the freedom fighters of this nation & motivate students to be patriotic. By giving standing ovation to the freedom fighters of our country, our institution gave the honor to our national heroes & Freedom Fighters by standing still for two minutes in the campus by the students and whole staff of the institution.

Students and staff get motivated to be a patriotic person.



8. Yoga Training Camp-2021

The institution and Department is always concern for the all-round development of the students, in that perspective for motivating and developing a good habit of doing daily exercise department organized four days Yoga Camp. Department of Physical Education & Sports organized a four day Yoga camp during 9th to 12th February 2021 on 7:00 am for students of our college. We organized this camp under the guidance of Dr. Abhijit Sarnaik (Director, Sports) & Shivkanya Renge (Yoga Practitioner). During this activity 17 students was present and successfully participated in this very healthy activity.



9. International Yoga Day 2021

This activity was conducted through online Google form because of the Covid -19 pandemic conditions. Department of Physical Education & Sports organized a one day Yoga camp on the occasion of International Yoga Day dated 21st June 2021 for Non-Teaching, Teaching staff and students of our college. Department organized this activity to promote health and wellbeing amongst the students and staff members of the college. This Activity was conducted through the use of Google Form. During this activity 12 teaching and non-teaching staff was present and participated actively in this very healthy activity.

The Evidence of this activity is available on following link

<https://docs.google.com/spreadsheets/d/1T6l8ArAH120ADuJE7DbP-1uQRIZdWbZr3L-DdCLYSaU/edit?usp=sharing>

10. Common Questionnaire For Assess Interest In Sports & Physical Activity 01 July 2021

Department organized an Online Physical & Sports Activity Questionnaire through self-designed questionnaire. This questionnaire was circulated through Google Form.

This activity was organized for the knowledge development regarding the sports and physical activity, through this activity, we tried to motivate people for engaging in at least one physical activity or sports during the day. 22 participants responded to the questionnaire, and we hope that they get motivated for participate in any physical activity throughout the day.

The link of data is provided below for activity evidence

<https://docs.google.com/spreadsheets/d/12akTHyHSJdRzY1cCgQyAfht66C3yccVLe3Qaovs6YUM/edit?usp=sharing>

11. Common Questionnaire For Assess Interest In Sports & Physical Activity 01 July 2021

Every year department organized this event for motivating students to participate in the sports events, but due to the Covid-19 Pandemic situation department organized a Sports Quiz for students, to motivate them for participate in sports for their better physical and mental health.

For this activity department created a Special Quiz through Google Form and send links on WhatsApp. For this activity total 101 participants gave their response. Certificates were

distributed through emails for acknowledging their efforts. Through this activity many students motivated to participate in the sports events organized by the College as well as University.

For evidences please follow the given link

https://docs.google.com/spreadsheets/d/1OBPvtOw_sAW6XHLixtzLcOJr2itzWuZif12QkM6Z01w/edit?usp=sharing



12. Badminton Coaching Camp for Children 2021

15 Aug. 2021 to 15 Sept. 2021 at 05:00 Pm to 06:30 Pm

This activity was conducted in the Indoor Sports Facility of the college, the basic coaching of badminton was given the girls and boys. Department of Physical Education & Sports organized a one day one month badminton coaching camp for children. 05 boys and 04 girls participated in this activity. Age of participates was 5 to 15 years old.

During this activity 09 participant children benefitted and get chance to improve their skills in the Badminton.



13.Independence Day 15th August 2021

On this very precious occasion Hon'ble Shri Hemantraoji Jamkar (President, N.V.M.E. Society, Parbhani) hoisted the National Flag, for this flag hoisting ceremony Hon'ble Adv. Kiranrao Subhedar (President, NVME Society, Parbhani) and Subhedar (Member, N.V.M.E. Society, Parbhani) and Hon'ble Dr. Vasant K. Bhosle (Principal) also show their respect to the national flag. Celebrated the day with students and staff and motivate students & other people to be a patriotic person.




Director
Physical Education & Sports
Late Sow.K.J.Mahila College,Parbhani

