



**Nutan Vidya Mandir Education Society's**

**LATE SOW. KAMALTAI JAMKAR MAHILA  
MAHAVIDYALAYA, PARBHANI.**

**DEPARTMENT OF PHYSICAL EDUCATION & SPORTS**



**ANNUAL REPORT**

**2016 - 2017**

## **Introduction:**

Physical education and sports are two areas, which are completely integrated with respect to various factors like physical fitness, motor abilities, and skills development. The department of physical education & sports is devoted to improve these factors amongst the girl students of any faculty like B.A., B.COM, B.C.A., B.VOC, M.C.A. and M.A. The department always tried to motivate girl students for participate in sports meets, whether on collegiate, inter-collegiate or inter university level through intramural sports activity & celebrating events like national sports day.

## **Activities of the Department**

### **Independence Day:**

The Independence Day of our country is a moment of pride and glory. On this special occasion, rich tributes are paid to the freedom fighters, which sacrificed their lives and fought to free their motherland from the clutches of the oppressors – British who ruled the country. The British had initially come for trade but gradually took over the total administration of the country. At midnight of the August 15, 1947, India shook off the shackles of British Rule and became free. It was a night of celebration all over the country. On the 15<sup>th</sup> August 2016 the flag hosting ceremony was done by the Hon'ble Shri Hemantrao Jamkar, President, Nutan Vidya Mandir Education Society, Parbhani, in the presence of all the Management body, teaching and non-teaching staff and the students.

### **Marathwada Mukti Sangram Din and Swami Ramanand Teerth Marathwada University Foundation Day:**

On this occasion People gather around the "Marathwada Liberation Day Monument" and pay tribute to the ones who were killed during the struggle for independence. We also celebrate the Foundation day of our Parent University on the 17<sup>th</sup> September 2016. The Indian flag hosting ceremony was done by the Hon'ble Freedom Fighter Shri. Chavan and the University Flag Hosted by the Principal Dr. Vasant Bhosle in the presence of teaching staff, non-teaching staff and the students.

### **Republic Day:**

Republic day is an important landmark in Indian history. On January 26<sup>th</sup> January 2017, we celebrate the Constitution of India. On this day, our Indian constitution became a reality and thus, the date "26<sup>th</sup> January" got etched in history for eternity. Needless to say, every year Republic day is celebrated with great pomp, enthusiasm

and glory in our institution. Important governmental laws and acts were laid down on this day and hence it also marks as a day of pride for every Indian, old and young alike. The flag hosting ceremony was done by the Hon'ble Shri Hemantrao Jamkar, President, Nutan Vidya Mandir Education Society, Parbhani, in the presence of all the Management body, teaching and non-teaching staff and the students.

### **Maharashtra Day:**

Maharashtra Day is celebrated to commemorate the formation of the state of Maharashtra after its division from Bombay State on May 1, 1960. The state of Maharashtra was made on the basis of languages after defining boundaries under The State Reorganization Act 1956. On the 1<sup>st</sup> May 2017 the flag hosting ceremony was done by the Hon'ble Principal Dr. Vasant K. Bhosle in the presence of teaching and non-teaching staff and the students.

### **Indoor hall Assessment Committee Visit:**

In this time period our institution completed the construction of BADMINTON INDDOR HALL sponsored by University Grants Commission, for inspection of this Indoor hall Assessment Committee was visited on 3<sup>rd</sup> July 2016 Sunday. In this committee Dr. Khairnar (Director, B.C.U.D., S.R.T.M. University, Nanded) & Shri. Patil (Chief Engineer, S.R.T.M. University, Nanded) & Dr. Ballal (Director, Physical Education & Sport, Shri Shivaji law College, Parbhani) visited to the Indoor Hall & given us a satisfactory remarks.

### **Assessment Committee Member & Principal Dr. Vasant Bhosale**





Bhosale ( Principal, L. S. K. J. Mahila Mahavidyalaya, Parbhani). All these great personality inaugurated this well-equipped facility and opened for all sports lovers in the city.



**Sports Participation & Performance Record 2016-17 is given below,**

<u>Intercollegiate Performance Record</u>					
<u>2016-2017</u>					
Sr. no.	Name	Game	Place	Year	Level
1.	THAKUR PRIYANKA D	VOLLEYBALL	<b>Winner 1st C zone ICT</b>	09-08-2016	ICT
2.	DASARWAD SHILPA T	VOLLEYBALL		09-08-2016	ICT,IUT
3.	CHAVAN AARTI	VOLLEYBALL		09-08-2016	ICT
4.	PATANGE PUNAM	VOLLEYBALL		09-08-2016	ICT
5.	BANE RAJKANYA	VOLLYBYALL		09-08-2016	ICT
6.	KARHAD JYOTI	VOLLEYBALL		09-08-2016	ICT
7.	KANKUNTE CHAYA	VOLLEYBALL		09-08-2016	ICT
8.	BHARADE RUPALI	VOLLEYBALL		09-08-2016	ICT
9.	SAMALE PALLAVI	VOLLEYBALL		09-08-2016	ICT
10.	CHAVAN AARTI	KABADDI	<b>3<sup>RD</sup> POSITION</b>	09/10-08-2016	ICT,IUT
11.	PURI ANURADHA R	KABADDI		09/10-08-2016	ICT
12.	GHUGE SAVITA S	KABADDI		09/10-08-2016	ICT
13.	RATHI AARTI	KABADDI		09/10-08-2016	ICT
14.	KHOBRADE PRAGATI	KABADDI		09/10-08-2016	ICT
15.	JADHAV RADHA	KABADDI		09/10-08-2016	ICT
16.	SAMALE PALLAVI	KABADDI		09/10-08-2016	ICT
17.	KAHTING SHILPA G	KABADDI		09/10-08-2016	ICT
18.	JADHAV VIMAL	ATHLETICS	<b>Participated</b>	03-09-2016	ICT
19.	GHOHARE SHAMBALI	ATHELETICS		03-09-2016	ICT
20.	KHATING SHILPA G	ATHELETICS		03-09-2016	ICT
21.	GHOHARE ASHWINI	ATHELETICS		03-09-2016	ICT
22.	BHARDE RUPALI	ATHELETICS		03-09-2016	ICT
23.	BANE RAJKANYA	ATHELETICS		03-09-2016	ICT
24.	KANKUNTE CHAYA	ATHELETICS		03-09-2016	ICT
25.	LOKHANDE DIPALI	ATHELETICS		03-09-2016	ICT
26.	KHOBRADE PRAGATI	ATHELETICS		03-09-2016	ICT
27.	DASARWAD SHILPA	BADMINTON	<b>Participated</b>	06-08-2016	ICT
28.	PAITHANE RITA	BADMINTON		06-08-2016	ICT
29.	THAKUR PRIYANKA	BADMINTON		06-08-2016	ICT
30.	AUNDHEKAR NAYANA	BADMINTON		06-08-2016	ICT
31.	DESHMUKH TEJASHWINI	BADMINTON		06-08-2016	ICT
32.	PATANGE PUNAM K	TABLE TENNIS	<b>Winner 1st C zone ICT</b>	05-08-2016	ICT
33.	KULKARNI MAMTA B	TABLE TENNIS		05-08-2016	ICT
34.	CHAVAN AARTI	TABLE TENNIS		05-08-2016	ICT,
35.	BORWANDKAR NAMRATA	TABLE TENNIS		05-08-2016	ICT
36.	KUTE KANCHAN	TABLE TENNIS		05-08-2016	ICT

## Winner At Inter Collegiate Tournaments Table – Tennis 2016-17



## Winner At Inter Collegiate Tournaments Volleyball 2016-17



**Sports Students with Olympian Lalita Babar while her visit for Parbhani Marathon.**



**Inter Zone Coaching Camp for Basketball Women Team:**

The Department has successfully organized four day coaching camp for Inter Zone Basketball Tournament. The team was selected through the C Zone selectors through the selection procedure and the camp was allotted to the Department. This camp was conducted during the 06/09/2016 to 09/09/2016. There were 11 girls students participated in this camp from various colleges those come under the C Zone of Swami Ramanand Teerth Marathwada University, Nanded.





### **Certificate Course in Yoga Course (3 Months):**

The main motive of this certificate course is to provide depth understanding of Yoga in short period of time. It covers textual, psycho-physiological and practical aspects of Yoga. This course designed for the convenience of the students, therefore the classes were conducted only on Sundays, from 2<sup>nd</sup> August 2015 to 25<sup>th</sup> October 2016. During this certificate course the yoga teachers of Niramay Yog Kendra, Parbhani taught the yoga skills in theoretical and practical forms. After that a practical examination was conducted for the assessment of knowledge acceptance. After the assessment certificates were distributed to the students. This year for these classes 20 students are taken part and successfully completed the certificate course.



## National Sports day Celebrations on 29<sup>th</sup> September 2016

In the memory of Late Major Dhyan Chand. This day remind us the legendary character of the Hockey history. Late Major Dhyan Chand is not just limited to the hockey, but he is the Icon of the hard work & consistency.



## **Swayam Sidhha Karate Class:**

Self-defense, especially for women, is of utmost importance in the kind of the world we live in today. Women, usually referred as the weaker sex, are considered easier targets. In a country like India where the cases of gender violence are on rise, out of which many go unreported, self-defense for women has become a necessity more than ever. Therefore the Department tried to develop the self-defense skills amongst the college students. The Objectives of this course are To builds Self confidence amongst girls students, To works on balance amongst girls students, To helps develop self-discipline amongst girls students, To helps improve physical conditioning amongst girls students, To improves street awareness amongst girls students, To teaches self-respect, To helps to develop a warrior spirit amongst girls students, To helps develop a fighters reflex amongst girls students. For these classes we appointed a certified female self-defense trainer (Ku. Asha Ahmed Shaikh) for the convenience of the students. The duration of these classes was 1<sup>st</sup> November to 15<sup>th</sup> November 2016. For these classes 17 students were enrolled and successfully completed the course.



## **Organized West Zone Inter University Kho-Kho (Men) Tournament:**

On the occasion of completing 100 years of Nutan Vidya Mandir Education Society, Parbhani, we were determined to take a national level event. For that we requested our parent university, Swami Ramanand Teerth Marathwada University, Nanded to give a chance to organize an Inter University Level Tournament at our campus. Because we are a women's college we requested university to give us a women's sports event, but unfortunately we get a men tournament. Beside that our institution decided that to accept the challenge and we successfully organized West Zone Inter University Kho-Kho Men Tournament 2016 during 19<sup>th</sup> to 22<sup>nd</sup> December 2016. For this tournament approximately 800 students/players and 100 coaches & managers visited to our Parbhani City and our institution. These matches were conducted on the rubber mats under the flood lights, and that was happened first time in the history of Kho-Kho. The West Zone Inter University Kho-Kho Men Tournament is massive achievement by our institution.



To start the ground and audience gallery construction, we traditionally did Bhumi Pujan Ceremony at the venue ground, for this ceremony Hon'ble Adv. Balasaheb Jamkar, Prin. Dr. Vasant Bhosale, Mr. Jamdade (P.I.) and other dignitaries were present.

## Coach & Manager Meeting

On 18<sup>th</sup> December 2016 at 5:00 p.m. the coach & manager meeting was organized for the welcoming the coaches & managers, in this meeting organizing committee provides all necessary knowledge to coaches and managers related to Match timing, Lots, Lodging facility and food facilities.



## **Inauguration Ceremony of Inter University Kho- Kho Tournament 2016**

The inaugural ceremony was conducted on 19<sup>th</sup> December 2016. The flag hosting ceremony was conducted in presence of Hon'ble Hemantrao Jamkar, President Nutan Vidya Mandir Education Society, Parbhani, Dr. P. N. Deshmukh M. C. Member, Swami Ramanand Teerth Marathwada University, Nanded, Manoj Reddy, Director, Sports, Swami Ramanand Teerth Marathwada University, Nanded, and Principal Dr. Vasant Bhosale, Principal, Late Sow. Kamaltai Jamkar Mahila Mahavidyalaya, Parbhani.

### **Flag Hosting Ceremony**



## **Bhumi Pujan of the Playing Grounds**

After the flag hosting all dignitaries were came in the playing arena and traditionally done Bhumi Pujan of both grounds. For West Zone Inter University Kho-Kho Men Tournament 2016, we prepared two grounds of rubber mats.



Bhumi Pujan of Ground One was done by hon'ble Hemantrao Jamkar, President N. V. M. Education Society, Parbhani.



Bhumi Pujan of Ground Two was done by hon'ble Pradeep N. Deshmukh, M. C. Member, Swami Ramanand Teerth Marathwada University, Nanded.

## Inauguration Ceremony

For the inauguration our institution invited the precious personalities of the Parbhani district and the officials of the Swami Ramanand Teerth Marathwada University, Nanded. Dr. Pandit Vidyasagar, Vice Chancellor Swami Ramanand Teerth Marathwada University, Nanded was the chief guest and he flamed the krida jyot and declared the innugration. For this inaugural ceremony. For this precious event Dr. Rahul Patil MLA Parbhani Vidhan Sabha, Hon'ble Bhambale MLA Jintur Vidhan sabha, Hon'ble Adv. Balasaheb Jamkar, Dr. P. N. Deshmukh, Dr. Manoj Reddy and Dr. Vasant Bhosale, Principal, L. S. K. J. Mahila Mahavidyalaya, Parbhani was present.





For this inauguration ceremony the students of our institution came in the traditional outfits for welcoming the guests and players from various parts of the country.



During this inaugural ceremony the players take oath for respecting and abiding by the rules which govern them, committing ourselves to a **sport** without doping and without drugs, in the true spirit of sportsmanship, for the glory of **sport** and the honor of our teams."





During the inaugural ceremony Welcoming President Hon'bale Balasaheb Jamkar welcomes all teams from various parts of the country and gave them best of luck for the upcoming events.



Hon'ble Dr. Pandit Vidya Sagar, Vice Chancellor Swami Ramanand Teerth Marathwada University, Nanded had also greets players and coaches for the upcoming events and guide them to the victorious path in their own lives, he also inspired players for playing fair play during the Tournament.



Dr. Vasant Bhosale, Principal, late Sow. Kamaltai Jamkar Mahila Mahavidyalaya, Parbhani had also welcome & greets players and coaches for the upcoming events, he also gave the knowledge about legacy of our institution to the guests.



After the inaugural ceremony the games starts and the West Zone Inter University Kho-Kho Tournament Proceed forward to the Knockout Matches between the participating universities.



**Some Joyful moments of the Tournament**





This West Zone Inter University Kho-Kho Men Tournament was a treat for the sports lover of the Parbhani district. Students and peoples of Parbhani enjoyed the game of Kho-Kho like never before.

## **Last Day of the West Zone Inter Kho-Kho Tournament 2016**

After the three days of game play now was the time of finals. West Zone Inter University Kho-Kho Men Tournaments finals four matches were played on the last day of the tournament dated 22<sup>nd</sup> December 2016. For these matches our institution invited dignitaries like Hon'ble Dr. G. N. Shinde, Pro-Vice Chancellor, S. R. T. M. University, Nanded, Hon'ble Satish Chavan, MLA, Dr. Patil, Registrar, S. R. T. M. University, Nanded, Sow. Wadkar, Mayer, Municipal Corporation, Parbhani, Dr. P. N. Deshmukh, M. C. Member, S. R. T. M. University, Nanded and Dr. Manoj Reddy, Director Sports, S. R. T. M. University, Nanded.



Hon'ble Satish Chavan with Sow. Wadkar, Adv. Balasaheb Jamkar and other dignitaries was giving greetings to the Team of Swami Ramanand Teerth Marathwada University, Nanded University for the upcoming final match.

## Prize Distribution Ceremony

After all days play, we got the final positions and the winner and runner of West Zone Inter University Kho-Kho Men Tournament, and we facilitate these teams during the Prize distribution ceremony. For this ceremony the chief guest was Hon'ble Satish Chavan, MLA with Hon'ble Hemantrao Jamkar, President, N.V.M. Education Society, Hon'ble Balasaheb Jamkar, Member, N.V.M. Education Society, Hon'ble Dr. G. N. Shinde, Pro-Vice Chancellor, S. R. T. M. University, Nanded, Dr. Patil, Registrar, S. R. T. M. University, Nanded, Sow. Wadkar, Mayer, Municipal Corporation, Parbhani, Dr. P. N. Deshmukh, M. C. Member, S. R. T. M. University, Nanded and Dr. Manoj Reddy, Director Sports, S. R. T. M. University, Nanded, Principal Dr. V. K. Bhosale and other dignitaries.



### **The Trophies of the West Zone Inter University Kho-Kho Men Tournament 2016**



These beautiful trophies were given to the 1<sup>st</sup> place winner, 2<sup>nd</sup> place winner, 3<sup>rd</sup> place winner and 4<sup>th</sup> place winner. We also facilitate best All Rounder, Best Defender and Best Catcher/ Chaser of the West Zone Inter University Kho-Kho Men Tournament.

**The Winner Team of West Zone Inter University Kho-Kho Men Tournament  
2016 Swami Ramanand Teerth Marathwada University, Nanded.**



**The Runner team of West Zone Inter University Kho-Kho Men Tournament  
2016 University of Mumbai.**





**The 3<sup>rd</sup> place winner of West Zone Inter University Kho-Kho Men  
Tournament 2016 Shivaji University, Kolhapur.**



**The 4<sup>th</sup> place winner team of West Zone Inter University Kho-Kho Men  
Tournament 2016 University of Pune.**



## Best All Rounder Award



## Best Defender Award



## Best Cather/Chaser Award



## VOTE OF THANKS

After the Prize Distribution ceremony Principal Dr. Vasant Bhosale gave the vote of thanks to management committee, organizing committee, players, coaches, managers, umpires, volunteers, Sports Directors of the region, management committee, and all those who helped us directly or indirectly for making this event successful. On this background we felicitate the member of organizing committee, umpires, ground staff and sports directors of this region those helped us for making this event successful.



## Participation in the International Conference at Indore, Madhya Pradesh.

In the area of research Department participated in International Convention on “Recent Trends & Innovation in yoga science, Physical Education and Sports Sciences”, this event was organized by Paramanand Institution of Yoga & Research, Indore (M.P.) during 26<sup>th</sup> to 27<sup>th</sup> December 2016

In this convention department presented a paper on “Comparison of Mental health between yogic practitioners & non yogic practitioners”.



## **Dangal Show:**

In this era of academic section after successfully conducted the West Zone Inter University Kho-Kho (Men) Tournament 2016, we again focused on our girls students. For inspiring our girls, Hon'ble Hemantrao Jamkar, President N. V. M. Education Society, proposed extra-curricular activity in we show an inspiring female oriented movie to inspire our students. In that manner, we showed "Dangal" movie dated 18<sup>th</sup> January 2017, which was based on Former wrestler Mahavir Singh Phogat life and how he trained his young daughters Geeta (Fatima Sana Shaikh) and Babita (Sanya Malhotra) to follow in his footsteps and become world-class grapplers. This movie inspired our students a lot. On this background, we expect in the next academic year we will definitely get more students for sports participations.



“Dangal” at the Anusaya E-Square Cinema 18<sup>th</sup> January 2017



Students with Hon'ble Hemantrao Jamkar, President, Nutan Vidya Mandir Education Society and college staff after the show of Dangal movie.

For this entertaining and inspiring event 103 girls were participated and enjoyed the movie. We hope our students will take inspiration from the movie and achieve their goals in life successfully.

**Hutaatma Day:** On the occasion of Hutaatma Day which was on 30<sup>th</sup> January 2017, our institution gave the honor to our national heroes & Freedom Fighters by standing still for two minutes.



### **Lecture delivered on importance of sports.**

During 13 February 2017 to 19 February 2017 National Service Scheme Camp was organized in the campus of Late Sow. Kamaltai Jamkar Mahila Mahavidyalaya, Parbhani. For deliver a lecture on “Importance of Sports” Prof. Arun Padghan, Head Program officer, National Service Scheme approached to the Sports department and asked to deliver lecture. The lecture was organized on 13<sup>th</sup> February 2016 in the afternoon session.

### **Kamalotsav 2017**

In the academic year 2017 we celebrate our annual gathering Kamalotsav 2017. In the annual gathering the sports meet was a major event in which games were divided in team and individual events. In team events Cricket, Volleyball, Badminton and table tennis were played. And in the individual events Chess, 100 m Sprint and Discuss throe were played during the sports meet on 21<sup>st</sup> February 2017.





**Kamalotsav Sports Meet 2016-17**



## **Sports Talent Awards**

During the Kamalotsav Department felicitate students those participated in the Inter University Tournament during this Academic year and gave them Branded Campus Sports Shoes for their achievements Volleyball and Kabaddi respectively. These student's names are Shipla Dasarwad (B.Voc. IT 3<sup>rd</sup> year), Aarti Chavan (B.Com. 3<sup>rd</sup> year) and Savita Gughe (B.Com. 3<sup>rd</sup> Year).

## **Extra Socio Activity**

Regarding to this our Sports Indoor Hall is always available for the promotion of sports and health. With respect to that manner INDIAN MEDICAL ASSOCIATION requested us to give them permission for conducting Badminton Tournament in our campus for women of the society. Our institution's main moto is "Women Empowerment", therefore, Hon'ble Principal, gave the permission to conduct these tournament for the betterment & promotion of the Badminton sports.