## Nutan Vidya Mandir Education Society's

# LATE SOW. KAMALTAI JAMKAR MAHILA MAHAVIDYALAYA, PARBHANI.

### **DEPARTMENT OF PHYSICAL EDUCATION & SPORTS**



**ANNUAL REPORT 2017 - 2018** 

### **Introduction:**

Physical education and sports are two areas, which are completely integrated with respect to various factors like physical fitness, motor abilities, and skills development. The department of physical education & sports is devoted to improve these factors amongst the girl students of any faculty like B.A., B.COM, B.C.A., B.VOC, M.C.A. and M.A. The department always tried to motivate girl students for participate in sports meets, whether on collegiate, inter-collegiate or inter university level through intramural sports activity & celebrating events like national sports day.

### **Activities of the Department**

### **International Yoga Day:**

Department of Physical Education & Sports organized a one day Yoga camp on the occasion of International Yoga Day dated 21<sup>st</sup> June 2017 for Non-Teaching & teaching staff of our college. We organized this camp under the guidance of Hon'ble Dr. Uttamrao Wankhede, who is a well-known allopathy practitioner and a certified yoga teacher.



### **Independence Day:**

The Independence Day of our country is a moment of pride and glory. On this special occasion, rich tributes are paid to the freedom fighters, which sacrificed their lives and fought to free their motherland from the clutches of the oppressors – British who ruled the country. The British had initially come for trade but gradually took over the total administration of the country. At midnight of the August 15, 1947, India shook off the shackles of British Rule and became free. It was a night of celebration all over the country. On the 15<sup>th</sup> August 2017 (Tuesday) the flag hosting ceremony was done by the Hon'ble Shri Hemantrao Jamkar, President, Nutan Vidya Mandir Education Society, Parbhani, in the presence of all the Management body, teaching and non-teaching staff and the students.

# Marathwada Mukti Sangram Din and Swami Ramanand Teerth Marathwada University Foundation Day:

On this occasion People gather around the "Marathwada Liberation Day Monument" and pay tribute to the ones who were killed during the struggle for independence. We also celebrate the Foundation day of our Parent University on the 17<sup>th</sup> September 2017 (Sunday). The Indian flag hosting ceremony was done by the Hon'ble Freedom Fighter Shri. Chavan and the University Flag Hosted by the Principal Dr. Vasant Bhosle in the presence of teaching staff, non-teaching staff and the students.

### **Republic Day:**

Republic day is an important landmark in Indian history. On January 26<sup>th</sup> January 2018 (Friday), we celebrate the Constitution of India. On this day, our Indian constitution became a reality and thus, the date "26<sup>th</sup> January" got etched in history for eternity. Needless to say, every year Republic day is celebrated with great pomp, enthusiasm and glory in our institution. Important governmental laws and acts were laid down on this day and hence it also marks as a day of pride for every Indian, old and young alike. The flag hosting ceremony was done by the Hon'ble Shri Hemantrao Jamkar, President, Nutan Vidya Mandir Education Society, Parbhani, in the presence of all the Management body, teaching and non-teaching staff and the students.

### **Maharashtra Day:**

Maharashtra Day is celebrated to commemorate the formation of the state of Maharashtra after its division from Bombay State on May 1, 1960. The state of Maharashtra was made on the basis of languages after defining boundaries under The State Reorganization Act 1956. On the 1<sup>st</sup> May 2018 (Tuesday) the flag hosting ceremony was done by the Hon'ble Principal Dr. Vasant K. Bhosle in the presence of teaching and non-teaching staff and the students.

Sports Participation & Performance Record 2017-18 is given below,

	Intercollegiate Performance Record					
2017-2018						
Sr. no.	Name	Game	Place	Date	Level	
1	Thakur Priyanka D.	VOLLEYBALL	3 <sup>RD</sup> Place C zone ICT	12-8-2017	ICT	
2	Megha S. Jadhav	VOLLEYBALL				
3	Rajkanya M. Bane	VOLLEYBALL				
4	Rupali P. Bharade	VOLLEYBALL				
5	Sheetal M. Ambhore	VOLLYBYALL				
6	Snehal A. Salve	VOLLEYBALL				
7	Rupali S. Deshmukh	VOLLEYBALL				
8	Shradha D. Shinde	VOLLEYBALL				
1	Puri Anuradha R.	KABADDI		10-8-2017	ICT	
2	Ghuge Savita S.	KABADDI				
3	Zanwar Samiksha K.	KABADDI				
4	Renuka B. Shinde	KABADDI				
5	Ashwini T. Ranher	KABADDI	3 <sup>RD</sup> Place C			
6	Vaishnavi P. Bhise	KABADDI	zone ICT	10-6-2017		
7	Manisha M. Ranher	KABADDI				
8	Geeta M. Ghule	KABADDI				
9	Saraswati J. Wavahale	KABADDI				
10	Aishwarya P. Gadekar	KABADDI				
1	Priyanaka D. Thakur	BADMINTON	Doubleinete		ICT	
2	Tejaswini D. Deshmukh	BADMINTON				
3	Komal S. Waghmare	BADMINTON	Participate d	04-08-2016		
4	Sheetal M. Ambhore	BADMINTON	_			
5	Deshmukh Anjali V.	BADMINTON				
1	Namrata N. Borwandkar	TABLE TENNIS	3 <sup>RD</sup> Place C	05-08-2016	ICT	
2	Anuradha R. Puri	TABLE TENNIS	zone ICT	03-06-2010	ICI	

3	Kanchan N. Suryawanshi	TABLE TENNIS
4	Kanchan V. Kute	TABLE TENNIS
5	Varsha V. Raut	TABLE TENNIS



# Participated in Intercollegiate Volleyball (Women) Tournament with 3<sup>rd</sup> place at Sant Janabai College, Gangakhed 2017-18



Participated in Intercollegiate Table Tennis (Women) Tournament with 3<sup>rd</sup> place at S B G College, Purna 2017-18

### **Inter Zone Coaching Camp for Basketball Women Team:**

The Department has successfully organized four day coaching camp for Inter Zone Basketball Tournament. The team was selected through the C Zone selectors through the selection procedure and the camp was allotted to the Department. This camp was conducted during the <u>06/09/2017</u> to <u>07/09/2017</u>. There were 09 girls students participated in this camp from various colleges those come under the D Zone of Swami Ramanand Teerth Marathwada University, Nanded.

<u>Sr.no</u>	<u>Player's Name</u>	<u>Player's College Name</u>
1.	Dhabdage Ashwini Abhiman	K.K.M. College, Manvat
2.	Tarange Laxmi Ratan	K.K.M. College, Manvat
3.	Chormale Tulsa Dattarao	K.K.M. College, Manvat
4.	Salunke Laxmi Laxman	K.K.M. College, Manvat
5.	Devake Sonali Piraji	K.K.M. College, Manvat

6.	Biradar Bhagyshree Dilip	S.G.B. M. College, Purna
7.	Dahale Ishwari Manohar	S.G.B. M. College, Purna
8.	Gaikwad Komal Namdev	S.G.B. M. College, Purna
9.	Malle Tejaswini Kishanrao	S.G.B. M. College, Purna

#### **Certificate Course in Yoga Course (3 Months):**

The main motive of this certificate course is to provide depth understanding of Yoga in short period of time. It covers textual, psycho-physiological and practical aspects of Yoga. This course designed for the convenience of the students, therefore the classes were conducted only on Sundays, from 6<sup>th</sup> August 2017 to 27<sup>th</sup> October 2017. During this certificate course the yoga teachers of Niramay Yog Kendra, Parbhani taught the yoga skills in theoretical and practical forms. After that a practical examination was conducted for the assessment of knowledge acceptance. After the assessment certificates were distributed to the students. This year for these classes 13 students are taken part and successfully completed the certificate course.

### National Sports day Celebrations on 29th September 2017

In the memory of Late Major Dhyan Chand. This day remind us the legendary character of the Hockey history. Late Major Dhyan Chand is not just limited to the hockey, but he is the Icon of the hard work & consistency, and therefore every year Department Organize Intramural Sports Activities for the students.



#### **Hutaatma Day:**

On the occasion of Hutaatma Day dated  $30^{th}$  January 2017 (Tuesday), our institution gave the honor to our national heroes & Freedom Fighters by standing still for two minutes in the campus.

### **Lecture delivered on importance of sports.**

During National Service Scheme Camp was organized in the campus of Late Sow. Kamaltai Jamkar Mahila Mahavidyalaya, Parbhani. For deliver a lecture on "Relation between Sports & Study". The lecture was organized on 28<sup>th</sup> February 2018 in the afternoon session.



### Kamalotsav 2018

In the academic year 2017-18 we celebrate our annual gathering Kamalotsav 2018. In the annual gathering the sports meet was a major event in which games were divided in team and individual events. In team events Cricket, Badminton and table tennis were played. And in the individual events Chess, 100 m Sprint and Discuss throw were played during the sports meet on 21<sup>st</sup> February 2017.









### **Lecture on Women Sports & Achievements**

Department always try to motivate our students to take part in health and sport activities, with regards to this we organized a lecture on women and their achievement in sports. For this session we invited Dr. Madhav Shejul (Asst. Professor, Department of Physical Education, D. S. M. College Parbhani.). He is a renowned person and Shiv Chatrapati Award Winner.



### **NAAC Peer Team Visit**

Welcome by Rider Group of NAAC Peer Team during the visit dated  $6^{\text{th}}~\&~7^{\text{th}}$  April 2018







### Surya Namskar Shibir 2017-18

Department is concern with the health of our students and does various activities for teaching the importance of Surya Namaskar Exercise and its importance through the 8 days camp. For this camp Ms. Sudha Deshmukh (Instructor, Surya Namaskar, Niramay Yog Kendra) provide us valuable knowledge and time. In this camp 19 s, Surya Namaskar, Niramay Yog Kendra) provide us valuable knowledge and time. In this camp 17 students participated and learnt the Surya Namaskar exercise for their betterment of health. (Duration of the Camp 20<sup>th</sup> to 27<sup>th</sup> January



